



Notes
Analysis does not include pickle and side item.

SWEET PEPPERS - Sweet Peppers Turkey Sub (Regular)
 Number of Servings: 1

Nutrition Facts

Calories	250	
Calories from Fat	40	
Total Fat	4.5	g
Saturated Fat	0	g
Trans Fat (Artificial)	0	g
Cholesterol	30	mg
Sodium	1100	mg
Total Carbohydrate	37	g
Dietary Fiber	2	g
Sugars	2	g
Protein	17	g

SWEET PEPPERS - Sweet Peppers Turkey Sub (Large)
 Number of Servings: 1

Nutrition Facts

Calories	480	
Calories from Fat	80	
Total Fat	8	g
Saturated Fat	0	g
Trans Fat (Artificial)	0	g
Cholesterol	50	mg
Sodium	1950	mg
Total Carbohydrate	73	g
Dietary Fiber	5	g
Sugars	5	g
Protein	29	g

SWEET PEPPERS - Sweet Peppers Corned Beef Sub (Regular)
 Number of Servings: 1

Nutrition Facts

Calories	320	
Calories from Fat	130	
Total Fat	14	g
Saturated Fat	4.5	g
Trans Fat (Artificial)	0	g
Cholesterol	45	mg
Sodium	960	mg
Total Carbohydrate	33	g
Dietary Fiber	2	g
Sugars	2	g
Protein	18	g

SWEET PEPPERS - Sweet Peppers Corned Beef Sub (Large)
 Number of Servings: 1

Nutrition Facts

Calories	600	
Calories from Fat	220	
Total Fat	25	g
Saturated Fat	8	g
Trans Fat (Artificial)	0	g
Cholesterol	75	mg
Sodium	1710	mg
Total Carbohydrate	65	g
Dietary Fiber	5	g
Sugars	5	g
Protein	31	g

SWEET PEPPERS - Sweet Peppers Roast Beef Sub (Regular)
 Number of Servings: 1

Nutrition Facts

Calories	250	
Calories from Fat	35	
Total Fat	4	g
Saturated Fat	1	g
Trans Fat (Artificial)	0	g
Cholesterol	30	mg
Sodium	1140	mg
Total Carbohydrate	34	g
Dietary Fiber	2	g
Sugars	4	g
Protein	18	g

SWEET PEPPERS - Sweet Peppers Corned Beef Sub (Large)
 Number of Servings: 1

Nutrition Facts

Calories	600	
Calories from Fat	220	
Total Fat	25	g
Saturated Fat	8	g
Trans Fat (Artificial)	0	g
Cholesterol	75	mg
Sodium	1710	mg
Total Carbohydrate	65	g
Dietary Fiber	5	g
Sugars	5	g
Protein	31	g



SWEET PEPPERS - Sweet Peppers Ham Sub (Regular)
Number of Servings: 1

Nutrition Facts

Calories	250	
Calories from Fat	45	
Total Fat	5	g
Saturated Fat	1	g
Trans Fat (Artificial)	0	g
Cholesterol	35	mg
Sodium	1560	mg
Total Carbohydrate	39	g
Dietary Fiber	2	g
Sugars	8	g
Protein	16	g

SWEET PEPPERS - Sweet Peppers Ham Sub (Large)
Number of Servings: 1

Nutrition Facts

Calories	480	
Calories from Fat	80	
Total Fat	9	g
Saturated Fat	1.5	g
Trans Fat (Artificial)	0	g
Cholesterol	60	mg
Sodium	2720	mg
Total Carbohydrate	75	g
Dietary Fiber	5	g
Sugars	15	g
Protein	28	g

SWEET PEPPERS - Sweet Peppers Salami Sub (Regular)
Number of Servings: 1

Nutrition Facts

Calories	480	
Calories from Fat	270	
Total Fat	30	g
Saturated Fat	11	g
Trans Fat (Artificial)	0	g
Cholesterol	75	mg
Sodium	1780	mg
Total Carbohydrate	33	g
Dietary Fiber	2	g
Sugars	2	g
Protein	23	g

SWEET PEPPERS - Sweet Peppers Salami Sub (Large)
Number of Servings: 1

Nutrition Facts

Calories	860	
Calories from Fat	450	
Total Fat	50	g
Saturated Fat	18	g
Trans Fat (Artificial)	0	g
Cholesterol	125	mg
Sodium	3080	mg
Total Carbohydrate	65	g
Dietary Fiber	5	g
Sugars	5	g
Protein	40	g

SWEET PEPPERS - Sweet Peppers Kielbasa Sub (Regular)
Number of Servings: 1

Nutrition Facts

Calories	440	
Calories from Fat	250	
Total Fat	28	g
Saturated Fat	9	g
Trans Fat (Artificial)	0	g
Cholesterol	55	mg
Sodium	1110	mg
Total Carbohydrate	36	g
Dietary Fiber	2	g
Sugars	5	g
Protein	14	g

SWEET PEPPERS - Sweet Peppers Kielbasa Sub (Large)
Number of Servings: 1

Nutrition Facts

Calories	780	
Calories from Fat	430	
Total Fat	48	g
Saturated Fat	15	g
Trans Fat (Artificial)	0	g
Cholesterol	90	mg
Sodium	1960	mg
Total Carbohydrate	70	g
Dietary Fiber	5	g
Sugars	10	g
Protein	25	g



SWEET PEPPERS - Roast Beef & Gravy Sub (Regular)
Number of Servings: 1

Nutrition Facts

Calories	320	
Calories from Fat	60	
Total Fat	6	g
Saturated Fat	2.5	g
Trans Fat (Artificial)	0	g
Cholesterol	40	mg
Sodium	1740	mg
Total Carbohydrate	42	g
Dietary Fiber	2	g
Sugars	7	g
Protein	21	g

SWEET PEPPERS - Roast Beef & Gravy Sub (Large)
Number of Servings: 1

Nutrition Facts

Calories	540	
Calories from Fat	90	
Total Fat	10	g
Saturated Fat	3	g
Trans Fat (Artificial)	0	g
Cholesterol	60	mg
Sodium	2620	mg
Total Carbohydrate	76	g
Dietary Fiber	5	g
Sugars	10	g
Protein	35	g

SWEET PEPPERS - Grilled Chicken Sandwich
Number of Servings: 1

Nutrition Facts

Calories	690	
Calories from Fat	340	
Total Fat	38	g
Saturated Fat	8	g
Trans Fat (Artificial)	0	g
Cholesterol	110	mg
Sodium	1390	mg
Total Carbohydrate	50	g
Dietary Fiber	3	g
Sugars	19	g
Protein	39	g

SWEET PEPPERS - Grilled Chicken Sandwich (Large)
Number of Servings: 1

Nutrition Facts

Calories	1380	
Calories from Fat	680	
Total Fat	76	g
Saturated Fat	16	g
Trans Fat (Artificial)	0	g
Cholesterol	220	mg
Sodium	2780	mg
Total Carbohydrate	100	g
Dietary Fiber	6	g
Sugars	38	g
Protein	78	g

SWEET PEPPERS - Peppers & Beef (Regular)
Number of Servings: 1

Nutrition Facts

Calories	370	
Calories from Fat	100	
Total Fat	11	g
Saturated Fat	5	g
Trans Fat (Artificial)	0	g
Cholesterol	55	mg
Sodium	1780	mg
Total Carbohydrate	40	g
Dietary Fiber	4	g
Sugars	5	g
Protein	24	g

SWEET PEPPERS - Peppers & Beef (Large)
Number of Servings: 1

Nutrition Facts

Calories	650	
Calories from Fat	160	
Total Fat	18	g
Saturated Fat	7	g
Trans Fat (Artificial)	0	g
Cholesterol	90	mg
Sodium	2800	mg
Total Carbohydrate	76	g
Dietary Fiber	7	g
Sugars	10	g
Protein	40	g



SWEET PEPPERS - BLT (Regular)
Number of Servings: 1

Nutrition Facts

Calories	500	
Calories from Fat	280	
Total Fat	31	g
Saturated Fat	7	g
Trans Fat (Artificial)	0	g
Cholesterol	55	mg
Sodium	1390	mg
Total Carbohydrate	36	g
Dietary Fiber	3	g
Sugars	4	g
Protein	21	g

SWEET PEPPERS - BLT (Large)
Number of Servings: 1

Nutrition Facts

Calories	950	
Calories from Fat	530	
Total Fat	59	g
Saturated Fat	14	g
Trans Fat (Artificial)	0	g
Cholesterol	105	mg
Sodium	2580	mg
Total Carbohydrate	71	g
Dietary Fiber	5	g
Sugars	8	g
Protein	38	g

SWEET PEPPERS - Bulldog (Regular)
Number of Servings: 1

Nutrition Facts

Calories	440	
Calories from Fat	160	
Total Fat	18	g
Saturated Fat	7	g
Trans Fat (Artificial)	0	g
Cholesterol	60	mg
Sodium	1540	mg
Total Carbohydrate	51	g
Dietary Fiber	2	g
Sugars	13	g
Protein	22	g

SWEET PEPPERS - Bulldog (Large)
Number of Servings: 1

Nutrition Facts

Calories	800	
Calories from Fat	290	
Total Fat	32	g
Saturated Fat	12	g
Trans Fat (Artificial)	0	g
Cholesterol	95	mg
Sodium	2660	mg
Total Carbohydrate	96	g
Dietary Fiber	5	g
Sugars	23	g
Protein	36	g