



SWEET PEPPERS - White Hoagie Roll - Regular
Number of Servings: 1

Nutrition Facts

Calories	160	
Calories from Fat	20	
Total Fat	2.5	g
Saturated Fat	0	g
Trans Fat (Artificial)	0	g
Cholesterol	0	mg
Sodium	350	mg
Total Carbohydrate	33	g
Dietary Fiber	2	g
Sugars	2	g
Protein	5	g

SWEET PEPPERS - White Hoagie Roll - Large
Number of Servings: 1

Nutrition Facts

Calories	330	
Calories from Fat	40	
Total Fat	4.5	g
Saturated Fat	0	g
Trans Fat (Artificial)	0	g
Cholesterol	0	mg
Sodium	700	mg
Total Carbohydrate	65	g
Dietary Fiber	5	g
Sugars	5	g
Protein	9	g

SWEET PEPPERS - Wheat Hoagie Roll - Regular
Number of Servings: 1

Nutrition Facts

Calories	190	
Calories from Fat	15	
Total Fat	2	g
Saturated Fat	0	g
Trans Fat (Artificial)	0	g
Cholesterol	0	mg
Sodium	510	mg
Total Carbohydrate	37	g
Dietary Fiber	3	g
Sugars	3	g
Protein	6	g

SWEET PEPPERS - Wheat Hoagie Roll - Large
Number of Servings: 1

Nutrition Facts

Calories	380	
Calories from Fat	35	
Total Fat	4	g
Saturated Fat	0	g
Trans Fat (Artificial)	0	g
Cholesterol	0	mg
Sodium	1010	mg
Total Carbohydrate	74	g
Dietary Fiber	5	g
Sugars	5	g
Protein	13	g

SWEET PEPPERS - Sundried Tomato Roll - Regular
Number of Servings: 1

Nutrition Facts

Calories	210	
Calories from Fat	25	
Total Fat	2.5	g
Saturated Fat	0.5	g
Trans Fat (Artificial)	0	g
Cholesterol	0	mg
Sodium	450	mg
Total Carbohydrate	41	g
Dietary Fiber	2	g
Sugars	3	g
Protein	7	g

SWEET PEPPERS - Sundried Tomato Roll - Large
Number of Servings: 1

Nutrition Facts

Calories	410	
Calories from Fat	45	
Total Fat	5	g
Saturated Fat	1	g
Trans Fat (Artificial)	0	g
Cholesterol	0	mg
Sodium	900	mg
Total Carbohydrate	81	g
Dietary Fiber	4	g
Sugars	5	g
Protein	14	g



SWEET PEPPERS - Plain Ciabatta
Number of Servings: 1

Nutrition Facts

Calories	330	
Calories from Fat	50	
Total Fat	5	g
Saturated Fat	0	g
Trans Fat (Artificial)	0	g
Cholesterol	0	mg
Sodium	880	mg
Total Carbohydrate	61	g
Dietary Fiber	2	g
Sugars	2	g
Protein	11	g

SWEET PEPPERS - Wheat Ciabatta
Number of Servings: 1

Nutrition Facts

Calories	310	
Calories from Fat	45	
Total Fat	5	g
Saturated Fat	1	g
Trans Fat (Artificial)	0	g
Cholesterol	0	mg
Sodium	640	mg
Total Carbohydrate	57	g
Dietary Fiber	7	g
Sugars	2	g
Protein	12	g

SWEET PEPPERS - Pita
Number of Servings: 1

Nutrition Facts

Calories	240	
Calories from Fat	45	
Total Fat	5	g
Saturated Fat	1	g
Trans Fat (Artificial)	0	g
Cholesterol	0	mg
Sodium	510	mg
Total Carbohydrate	41	g
Dietary Fiber	2	g
Sugars	2	g
Protein	7	g

SWEET PEPPERS - Croissant
Number of Servings: 1

Nutrition Facts

Calories	290	
Calories from Fat	80	
Total Fat	9	g
Saturated Fat	6	g
Trans Fat (Artificial)	0	g
Cholesterol	25	mg
Sodium	420	mg
Total Carbohydrate	44	g
Dietary Fiber	1	g
Sugars	8	g
Protein	8	g

SWEET PEPPERS - Pumpernickel Rye Bread
Number of Servings: 1

Nutrition Facts

Calories	140	
Calories from Fat	20	
Total Fat	2	g
Saturated Fat	0	g
Trans Fat (Artificial)	0	g
Cholesterol	0	mg
Sodium	290	mg
Total Carbohydrate	26	g
Dietary Fiber	2	g
Sugars	2	g
Protein	6	g

SWEET PEPPERS - White Toast
Number of Servings: 1

Nutrition Facts

Calories	110	
Calories from Fat	15	
Total Fat	1.5	g
Saturated Fat	0	g
Trans Fat (Artificial)	0	g
Cholesterol	0	mg
Sodium	190	mg
Total Carbohydrate	20	g
Dietary Fiber	1	g
Sugars	3	g
Protein	4	g



SWEET PEPPERS - Wheat Toast		
Number of Servings: 1		
Nutrition Facts		
Calories	100	
Calories from Fat	15	
Total Fat	1.5	g
Saturated Fat	0	g
Trans Fat (Artificial)	0	g
Cholesterol	0	mg
Sodium	180	mg
Total Carbohydrate	18	g
Dietary Fiber	2	g
Sugars	2	g
Protein	4	g